



What Walk for the Mind Meant to Mark...

My initial encounter with Mark Linder was at the 1st Annual Walk for the Mind in 2003. I had been diagnosed and treated for my brain tumor only four months earlier. Shortly before the beginning of the Walk, I remember Mark standing at the podium with sunglasses on - I'm sure covering the tears in his eyes. However, the sunglasses did not hide the emotion in his voice as he started his speech launching the first Walk. He was in awe of what he saw in front of him. His dream of finding other brain tumor survivors and raising brain tumor awareness was becoming a reality.

Creating the Walk had become his salvation. Through the years of Mark's initial brain tumor diagnosis and treatment, he had only met one other individual in the Peoria area with a brain tumor. I can only imagine how lonely and frightening that must have been. So it was understandable that Mark's fear was that at best, a handful of people would show that day. The reality was that through his determination and the help of the ABTA and a few friends and family, he was looking out at a group of over 200 individuals who had come to support the 1st Annual Walk for the Mind.

Through Mark creating the Walk for the Mind, I was quickly surrounded by a network of individuals who not only could relate to my recovery feelings and concerns, but also provide helpful tips to speed my recovery. Thanks to Mark, I was never in his shoes. I never had to make that journey alone.

Sonja Ahrens
Brain Tumor Survivor 2003

Meet for the Mind is a support group that was formed after the first walk. We meet the first and third Sunday of every month at the Cancer Center for Healthy Living in the Hult Health Education Center by Proctor Hospital.

Contact Information:
Sally (309) 678-9688
Peggy (309) 925-3919

Mark Linder Walk for the Mind
P.O. Box 5522
Peoria, Illinois 61601



Saturday, September 27

7:30 a.m. – Check-In &
Registration

9 a.m. – Event Begins

RiverPlex
600 NE Water Street
Peoria, Illinois



All proceeds will benefit the
American Brain Tumor Association

800.886.2282 www.abta.org

www.marklinderwalkforthemind.com

Donor List

Donation information

All donations for Walk for the Mind are tax deductible to the extent allowed by law. Checks payable to ABTA.

Please photocopy this form for additional entries.

1) Name:	
Address:	
City:	State: Zip:
Phone:	
Email:	Amount:
2) Name:	
Address:	
City:	State: Zip:
Phone:	
Email:	Amount:
3) Name:	
Address:	
City:	State: Zip:
Phone:	
Email:	Amount:
4) Name:	
Address:	
City:	State: Zip:
Phone:	
Email:	Amount:
5) Name:	
Address:	
City:	State: Zip:
Phone:	
Email:	Amount:
Donation Total:	
Entry Fee:	
Total Amount Enclosed:	

Registration Form

One form per participant required. Check below to indicate your level of participation.

- I will WALK. Enclosed is my \$20 registration fee payable to ABTA.
- I will WALK. I am a brain tumor survivor (free registration).
- I will not be able to participate, but I am submitting a contribution.
- My employer has a Matching Gift Program. The form is enclosed.

Please complete the following information:

Name _____ Age _____

Address _____

City, State, Zip _____

Email _____

Daytime Phone _____

Please select your T-shirt size:

- Medium Youth (10-12) Small Medium
 Large XL 2XL

In consideration of the acceptance of my entry for Walk for the Mind, I hereby for myself, my heirs, executors and administrators, fully and forever RELEASE, REMISE, ACQUIT AND DISCHARGE the American Brain Tumor Association, the Peoria Park District, the City of Peoria and the Peoria Walk for the Mind (including, but not limited to, any volunteers, organizers, agents, servants, sponsors) and each of their officers, directors agents and employees from any and all claims, demands, damages, actions or rights of action of whatever kind or nature I may now have or may hereafter have arising out of or in consequence of all known or unknown injuries to person or damages to property resulting to me in any way from my participation in the Peoria Walk for the Mind. I also grant permission to all of the foregoing to use any photographs, motion pictures, recordings or other records of this event for any legitimate purpose.



Signature _____

Date _____



Mark Linder Walk for the Mind

The Mark Linder Walk for the Mind is a 1 mile walk to support brain tumor research and to raise awareness of brain tumors and their impact on those in Central Illinois. Dr. Francois Geoffroy, Neuro Oncologist is this year's honorary chairperson.

Proceeds benefit the research programs of the American Brain Tumor Association (ABTA).

Registration Information

All participants registered prior to September 8 will be guaranteed a Walk for the Mind T-shirt. A limited supply of "Sharing Hope Along The Way" duffle bags will be available during registration, compliments of ABTA.

Please make checks payable to ABTA and mail your registration form to:
 Mark Linder Walk for the Mind
 P.O. Box 5522
 Peoria, IL 61601

Day of Walk – September 27, 2008 "Tentative Agenda"

7:30 a.m. – Check-in and Day of Walk Registration inside the RiverPlex, 600 NE Water Street, Peoria, Illinois
 9:00 a.m. – Welcome
 9:05 a.m. – Dr. Francois Geoffroy
 9:15 a.m. – Survivor Picture
 9:20 a.m. – Balloon release and Walk begins

Sweatshirts for the walk will be available to purchase for \$20.00 during registration.

Raffle Tickets will be available. All proceeds benefit ABTA.

Photo Board Bring pictures of those who inspired you to attend the walk. Photos may be picked up following the walk.

Walk for the Mind Information

Please contact Peggy at (309)925-3919 or by e-mail at walk4themind@yahoo.com.

www.marklinderwalkforthemind.com