



Saturday Morning, September 26, 2009

River Plex

600 NE Water, Peoria, Illinois

7:30 Check-In & Registration

9:00 Welcome

9:05 Guest Speaker Address: Mr. Kent Noble

9:15 Survivor Picture

9:20 Balloon Release and Walk Begins

*All participants registered prior to September 5<sup>th</sup> will be guaranteed a 'Walk for the Mind' T-shirt.*

The Mark Linder Walk for the Mind is a one mile walk to support brain tumor research and to raise awareness of brain tumors and their impact on those in Central Illinois.

*Photo Board: Bring pictures of those who inspired you to attend the walk. Photos may be picked up following the walk.*

#### What "Walk for the Mind" Meant to Mark



My initial encounter with Mark Linder was at the 1<sup>st</sup> Annual Walk for the Mind in 2003. I had been diagnosed and treated for my brain tumor only four months earlier. Shortly before the beginning of the Walk, I remember Mark standing at the podium with sunglasses on – I'm sure covering the tears in his eyes. However, the sunglasses did not hide the emotion in his voice as he started his speech launching the first Walk. He was in awe of what he saw in front of him. His dream of finding other brain tumor survivors and raising brain tumor awareness was becoming a reality.

Creating the Walk had become his salvation. Through the years of Mark's initial brain tumor diagnosis and treatment, he had only met one other individual in the Peoria area with a brain tumor. I can only imagine how lonely and frightening that must have been. So it was understandable that Mark's fear was that at best, a handful of people would show that day. The reality was that through his determination and the help of the ABTA and a few friends and family, he was looking out at a group of over 200 individuals who had come to support the 1<sup>st</sup> Annual Walk for the Mind.

Through Mark creating the Walk for the Mind, I was quickly surrounded by a network of individuals who not only could relate to my recovery feelings and concerns, but also provide helpful tips to speed my recovery. Thanks to Mark, I was never in his shoes. I never had to make that journey alone.

Sonja Ahrens, Brain Tumor Survivor 2003

*Meet for the Mind is a support group that was formed after the first walk. We continue to meet regularly.*

*Contact Information: Sally (309)678-9688, Peggy (309)925-3919 or Nyckie (309)691-0448*

**WALK FOR THE MIND INFORMATION:**  
Please contact Peggy at (309)925-3919  
e-mail: [walk4themind@yahoo.com](mailto:walk4themind@yahoo.com)  
[www.marklinderwalkforthemind.com](http://www.marklinderwalkforthemind.com)



All proceeds will benefit the American Brain Tumor Association  
800.886.2282 [www.abta.org](http://www.abta.org)

# 2009 Mark Linder Walk for the Mind Registration Form

Please make checks payable to "ABTA" and mail this registration form to:

Mark Linder Walk for the Mind  
P.O. Box 5522  
Peoria, IL 61601

Please fill in form on backside. All participants registered prior to September 5<sup>th</sup> will be guaranteed a Walk for the Mind T-shirt.

Walker Registration \$20.00  
Walker Registration children 10 yrs & under: \$10.00  
Survivor Registration: Free



**Available T-Shirt Sizes For Registered Walkers:**

- MY (medium youth sz 10-12)
- Small
- Medium
- Large
- Extra-Large
- 2 XL

- Wheel chairs & strollers welcome
- Sweatshirts for the walk will be available to purchase for \$20.00 during registration.
- Raffle tickets will be available. All proceeds benefit ABTA

I/WE WILL WALK – MY/OUR REGISTRATION IS ON THE BACK. (Please complete registration on back)

I will not be able to participate but I am submitting a contribution.

Name: \_\_\_\_\_  
Address: \_\_\_\_\_  
City State Zip \_\_\_\_\_  
Donation Amount \_\_\_\_\_

I have collected additional donations:

Name: _____	Name: _____
Address: _____	Address: _____
City State Zip _____	City State Zip _____
Amount: _____	Amount: _____

I have collected additional donations:

Name: \_\_\_\_\_  
Address: \_\_\_\_\_  
City State Zip \_\_\_\_\_  
Amount: \_\_\_\_\_



**WAIVER:** *In consideration of the acceptance of my entry for Walk for the Mind, I hereby for myself, my heirs, executors and administrators, fully and forever RELEASE, REMISE, ACQUIT AND DISCHARGE the American Brain Tumor Association, the Peoria Park District, the City of Peoria and the Peoria Walk for the Mind (including, but not limited to, any volunteers, organizers, agents, servants, sponsors) and each of their officers, directors agents and employees from any and all claims, demands, damages, actions or rights of action of whatever kind or nature I may now have or may hereafter have arising out of or in consequence of all known or unknown injuries to person or damages to property resulting to me in any way from my participation in the Peoria Walk for the Mind. I also grant permission to all of the foregoing to use any photographs, motion pictures, recordings or other records of this event for any legitimate purpose.*

**Walker Registration Fee \$20.00/Children 10 yrs old & under \$10.00/No fee for survivors**

Name: \_\_\_\_\_ Email \_\_\_\_\_

Address: \_\_\_\_\_ Fee Enclosed \_\_\_\_\_

City, State, Zip \_\_\_\_\_ Daytime Phone \_\_\_\_\_

T-shirt size: \_\_\_\_\_ Brain Tumor Survivor: Yes No

Participant Waiver Signature \_\_\_\_\_

Guardian Signature (if participant is under 18) \_\_\_\_\_

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Address: \_\_\_\_\_ Fee Enclosed \_\_\_\_\_

City, State, Zip \_\_\_\_\_ Daytime Phone \_\_\_\_\_

T-shirt size: \_\_\_\_\_ Brain Tumor Survivor: Yes No

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